

# post-Script

December 2002

Volume 7 Issue 6

## H appy Holidays to All,

The Alumni Association wishes everyone a wonderful holiday season and a prosperous New Year! This is the last publication during our 50th Anniversary Year. For fifty glorious years, the Alpha Sigma Chapter has been a leader on the University of Illinois campus. The actives and the chapter's 25 new initiates are very appreciative of the Alumni Association support. Every year we have given money or donated our time to help support professional and community projects. We have given annually to defer travel expenses to "The Leadership Development Seminar", and or the "Grand Council". Our chapter has been well represented at these nationally sponsored events. We appreciate all of the support our membership has given to the Alumni Association. Our success depends upon this support. **Thank YOU !!!**

### **Continuing Education Program:**

The Alumni Association's annual Founder's Day CE was a huge success! This year's topic was the "Cholesterol Management – Practical Application of the NCEP Guidelines". We were fortunate to have 22 alumni brothers in attendance representing the Alpha Sigma, Tau, and Beta Xi chapters. Chris Dymon, Worthy Alumni Liaison attended from the active chapter. A special thanks to Brothers Paul Sovcik from Bristol Myers Squibb and Richard and Beth Lewis from ProCE for their generous support of this annual program.

### **"Shop & Share" and "Benefit Days" Programs:**

Included in this mailing you will find certificates from both Dominick's and Jewel food stores. Please use them on the dates we reserved for this fundraising event. (December 16th - 18th) The Alumni Association will receive 5% of your total purchase, as a donation from the stores. **Just sign the form and hand it to the checker.** If possible please pass the extra or unused coupons to friends and relatives. (photo copies are accepted)

For information call Anita Staron at 708-233-9377

### **WEB PAGE:**

Visit our association web site at [www.uic.edu/~rtrafica](http://www.uic.edu/~rtrafica) for up to date information and online photos.

### **Ski Trip 2003: January 17th - 20th.**

This will be the second year of what we hope will become a tradition for all of the Midwest chapters. Several chapters including the University of Wisconsin and Purdue will be joining our chapter during the Martin Luther King Jr. holiday weekend. Contact Adam Kielbasa at **708-692-7646** or email him at :

**akielb1@uic.edu** for details

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**Next Meeting:** Sunday, **February 9th, 2003** at 6:00 PM, we will again meet at Palmer Place located at 56 S. La Grange Rd. in La Grange, IL. We hope to see many members in attendance. (Parking lots located both behind the building and directly across the street) (708) 482-7127

**2002 Updated Asthma Guidelines:**

Selected topics regarding medications, monitoring, and prevention have been updated by the National Asthma Education and Prevention Program (NAEPP) Expert Panel. Key changes regarding drug therapy include:

- Inhaled corticosteroids are the preferred long-term-control medication for infants and young children with mild or moderate persistent asthma.
- Long-term control medications should be considered for infants and children with >3 episodes of wheezing/year who are at risk for developing asthma.
- The preferred treatment of moderate persistent asthma in children >5 years of age and adults is the combination of inhaled corticosteroids and inhaled long-acting beta<sub>2</sub>-agonists.
- For children <5 years of age, preferred treatment is low-dose inhaled corticosteroid with an inhaled long-acting beta<sub>2</sub>-agonist **OR** medium-dose inhaled corticosteroid monotherapy.

A quick reference summarizing all of the changes is available at the National Heart, Lung, and Blood Institute's website - [www.nhlbi.nih.gov/guidelines/asthma/asthsumm.htm](http://www.nhlbi.nih.gov/guidelines/asthma/asthsumm.htm)

**Annual Dues for Membership:** If you have not yet paid, the association would greatly appreciate your donation. Your membership dues are being used to publish and mail this newsletter, defer travel expenses of Collegiate members going to Grand Council, and funding of the Memorial Scholarship. Please review your current status, and use the form below to renew. **We appreciate all of the support our membership has given to the Alumni Association. Our success depends upon this support. Thank YOU !!!**

**Alpha Sigma Alumni Association Membership Form 2002 - 2003**

Name of Alumni Brother \_\_\_\_\_

Chapter and Year of Graduation \_\_\_\_\_

Address: \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Phone \_\_\_\_\_ e-mail address \_\_\_\_\_

Voluntary donation to the Memorial Scholarship Fund (enter amount) \_\_\_\_\_

Yearly dues are \$20 per alum (**June 1st thru May 31st**)  
Please make checks payable to: Phi Delta Chi Alumni Association  
We look forward to your membership!

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