

Phi Delta Chi Alpha Sigma Alumni Association



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Volume 18 Issue 2

NEWSFLASH - March 2014

Phi Delta Chi - Spring Formal - April 11th

The Formal is being held on Friday, April 11th. The banquet will be at [Maggiano's Little Italy](#), 516 N. Clark St. in Chicago. If you plan on attending please enter the information requested on the "Registration Form" as soon as possible.

For additional information or questions pertaining to the event please contact [Matt Van Cuyk](#)

[Registration Form for the PDC Spring Formal](#)

First Course: (pick 1) - Bruschetta, Spinach Artichoke Dip, Caesar Salad, or Chopped Salad

Second Course: (pick 1) - Four Cheese Ravioli, Gnocchi with Sausage, Chicken Parmesan, or Parmesan Encrusted Tilapia

Beverage: 2-hour **open** bar (includes house brands, domestic wine and beer, and soda)

Dessert: (pick 1) - Profiteroles, Zuccotto

Date and Time: April 11th, 2014 at 6:00 PM

Price per person: \$60

Payment : Please send check made out to Phi Delta Chi
C/O Karie Vellos
13545 Circle Drive
Orland Park, IL 60462

(Detailed menu description on page three of this newsletter)

FREE CE at the College of Pharmacy - April 24th, 2014

All pharmacists and technicians are invited to participate in the free nutrition CE programs to be presented at the College of Pharmacy on April 24th. Please view the last page of this newsletter or our WEB site for detailed information about these PDC sponsored programs. **You may attend any of the sessions that you find of interest.** (Attend all sessions for 3 hours of CE credit) **Please contact Ben Stickman if you have any questions or wish to register for this program. Food will be provided !!**

Come early to visit and see all of the improvements made to the college.

[2014 Nutritional Update Continuing Education Program WEB Page](#)

Alpha Sigma Chapter - Phi Delta Chi Memorial Scholarship
Thursday Evening April 3rd, 2014
5:30 PM - 8:00 PM

It is the intent of the Alumni Chapter to include the name Dr. Frederick Siegel (Honorary PDC) during the presentation of our Memorial Scholarship this spring. The scholarship presented will aid and assist a third year pharmacy student entering the last year of Pharmacy school. For those wishing to donate to the Phi Delta Chi Memorial Scholarship Fund at the University of Illinois, please click on the link below.

Then in the box indicated as “other” type in Phi Delta Chi Memorial Scholarship.

All donations are tax deductible.

Thank You.....the PDC Alumni Association!

[University of Illinois Foundation](#)

(NOTE: The first presentation of the Phi Delta Chi Memorial Scholarship took place at the College of Pharmacy, March - 2004)

Alpha Sigma Collegiate Chapter Hustle Up The Hancock 2014



Once again the Alpha Sigma Collegiate Chapter is participating in the Hustle Up The Hancock, which will be held on **Sunday April 13th**. The Collegiate Chapter has a goal of raising \$1,200 with all proceeds going to the Respiratory Health Association of Chicago.

All donations are tax deductible.

To donate just click the secure link “[Make a Team Donation](#)”.

Phi Delta Chi St. Jude 5K Run/Walk — Sunday April 27th

Sunday, April 27th - race starting at 9 AM
 Montrose Harbor - Picnic Grove 16 - Chicago, IL.

For more details click on the secure link : [PDC 5K Run/Walk](#)

5K RUN ★★★★★
ΦΔΧ WALK

1st course (choose 1)

Spinach & Artichoke al Forno - Diced artichoke hearts, spinach, tomatoes and asiago cheese baked with alfredo sauce; served with garlic crostinis.

Bruschetta - Crispy bread topped with a mixture of fresh diced tomatoes, extra virgin olive oil, balsamic glaze and roasted garlic.

Caesar - A traditional Caesar salad of romaine lettuce, croutons and grated parmesan tossed in Caesar dressing.

Chopped - Chopped iceberg lettuce, diced tomatoes, crumbled blue cheese, avocado and crispy prosciutto; served with our signature house dressing.

2nd course (choose 1)

Four-Cheese Ravioli, Pesto Alfredo Sauce - Ravioli stuffed with ricotta, cream cheese, mozzarella and provolone; served in a pesto alfredo cream sauce with a touch of marinara.

Gnocchi & Italian Sausage - Ricotta pasta simmered in a tomato cream sauce, finished with vodka, roasted garlic and Italian sausage.

Chicken Parmesan - Breaded chicken breasts baked with provolone cheese and marinara sauce.

Parmesan-Crusted Tilapia - Tender white fish sautéed with parmesan breadcrumbs, tomatoes, fresh sage and a lemon butter sauce; served on a bed of orzo pasta.

Desert (choose 1)

Profiteroles - Pastry shells filled with vanilla bean ice cream and topped with hot fudge and fresh whipped cream.

Chocolate Zuccotto Cake - Chocolate cake layered with Sambuca chocolate mousse, iced with chocolate frosting and dusted with cocoa powder.

The **University of Illinois at Chicago College of Pharmacy** and the **Northern Illinois Society of Health-system Pharmacists, Polish American Pharmacists Association, UIC Chapter of Phi Delta Chi, and Chicago Chapter of the American Society for Parenteral and Enteral Nutrition** are proud to present

A Knowledge-based CPE Program on

Thursday, April 24, 2014

Live Program: 833 South Wood Street, Room 134-1, Chicago

Live Broadcast: 1601 Parkview Avenue, Room E230, Rockford

12:30-1:20 p.m. – Basic Nutrition Information for Patient Counseling

ACPE # Here:

Speaker:

Nazia Babul, PharmD, Clinical Assistant Professor, Department of Pharmacy Practice, UIC College of Pharmacy

LEARNING OBJECTIVES

- Identify the prevalence of obesity in the United States;
- Define what is a basic healthy eating pattern;
- Review the most recent Dietary Guidelines for Americans;
- Discuss resources for more nutrition information.

5-6:20 p.m. – Assessing, Writing and Managing Parenteral Nutrition – A Case Study Approach

ACPE # Here:

Speakers:

Jennifer Pham, PharmD, BCPS, Clinical Assistant Professor, Pediatric/Neonatal Clinical Pharmacist, Department of Pharmacy Practice, UIC College of Pharmacy

Karen Sweiss, PharmD, BCOP, Clinical Assistant Professor, Department of Pharmacy Practice, UIC College of Pharmacy

LEARNING OBJECTIVES

- Assess a patient at nutrition risk and determine most appropriate form of nutrition support;
- Determine calorie and protein needs based on patient specific factors;
- Demonstrate parenteral nutrition order writing including macronutrients, micronutrients and electrolytes.

6:30-7:30 p.m. – Drug Shortages Related to Parenteral Nutrition Components

ACPE # Here:

Speakers:

Jamie Paek, PharmD, Clinical Assistant Professor and Coordinator, Medication Use Policy, Department of Pharmacy Practice, UIC College of Pharmacy

Jennifer Pham, PharmD, BCPS, Clinical Assistant Professor, Pediatric/Neonatal Clinical Pharmacist, Department of Pharmacy Practice, UIC College of Pharmacy

LEARNING OBJECTIVES

- Describe the drug shortage management of parenteral nutrition and impact on medication use system;
- Describe the pharmacist role in the management of parenteral nutrition drug shortage;
- Discuss the safety and efficacy challenges related to parenteral nutrition drug shortages.

PROGRAM GOAL

To provide pharmacists with a greater understanding of Parenteral and Enteral Nutrition and offer strategies to obtain improved patient outcomes.

This event is free and open to the public.

Please contact **Ben Stickman** at bstickan@uic.edu if you have any questions or wish to attend this program.



This activity is eligible for ACPE credit; see final continuing pharmacy education activity announcements for specific details.